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ADVERTISING RATES

Businesses

Full page \$25

Half page \$15

Quarter page \$10

Club Members

**Small display advertisements for
Member's selling saddles, horses
etc. are free of charge.**

October 2017

Hi Riders,

Well we were lucky to have some good weather for our Open Competition at Boneo at last!! The day ran very smoothly thanks to all the wonderful helpers who gave up their time and the committee for all their hard work on the day and leading up to. The venue at Boneo is well set out and the facilities are second to none which makes for running a successful day

Congratulations to our members that competed at the Nationals just run at Boneo. You can go onto Equiscore website to see all the results from the week of competition.

Coming up soon will be our November freshman's day so get your entries in.

Hope to see you all then.

Happy Riding.

Michelle Oliver.



OUR OPEN COMPETITION AT BONEO PARK





DATES TO REMEMBER

November 12th - Freshman's Day – Prep Test B, .2 Tests PCAV Park

December 3rd - Club Day Prep Test C, .3 Tests PCAV Park

**Don't Forget to check out further news and updates
at our Website or facebook page**

www.yvdc.com.au

Members out and about!

Congratulations to Fern Wright and BB (Kamber Pryderi) who won the U25 Freestyle Championship at the Australian Dressage Championships.



NEW AND REJOINING MEMBERS.

The club would like to welcome the following new/rejoining members.

Marie Georgiou
Faye & Glenda Hinchliffe
Samantha Davis



**Congratulations to our club members who placed at
the YVDC October Competition at Boneo Park**

Kerrie Aumman	Kerron Park Merlin	1.3	3rd
Samantha Davis	Midnight Kavallier	2.3	5th
Skye Wright	Kamber Merfyn	3.2	6 th
Skye Wright	Kamber Merfyn	3.3	5th
Michelle Oliver	Harlequin Orlando	4.3	5th
Ann Smiley	Lynlea Flashdance	5.2	1 st
Ann Smiley	Lynlea Flashdance	5.3	2nd

YVDC Leaderboard 2017-2018

Prelim

Jill Sinclair	Mistresse	11
Birgitte Horn	Dougal	10
Virginia Fowler	Glenormiston Ronan	6
Sonya Casey	Legato	5
Alexandra Parratt	Grantulla Leviation	5
Jennifer Ashley	Arnwood Springtime	4
Kathy Minchin	Buddy	4
Kerrie Aumann	Kerron Park Merlin	4

Novice

Jill Sinclair	Mistresse	12
April Kerford	Oliver's Dream	11
Sonya Casey	Legato	8
Kirstie Taylor	Hayley	5
Kerry Aumann	Kerron Park Merlin	5
Andrea Ramsay	Stormy	4

Elem

Jan Kennan	Eddie	10
Kellie Walsh	Conspiracy Theory	7
Monica Bird	Bourgogne	6
Devon Rankin	Chiquita Black	6
Kirstie Taylor	Hayley	4
Zoe Kendall	Flowergum Ferrero	3
Skye Wright	Kamber Merfyn	3

Med

Michelle Oliver	Orlando	8
Monica Bird	Bourgogne	6
Kylie Broxam	Brigadoon Sandor	6
Tracey Gaspari	Coco	5
Michelle Oliver	Darcy	5
Jan Kennan	Eddie	4

Adv

Meg Klaaysen	Chemistry	12
Ann Smiley	Lynlea Flashdance	11
Kylie Broxam	Brigadoon Sandor	6
Danielle Pooles	Ashleigh Rondo	5

Small Tour (PSG/Inter I)

Ann Smiley	Lynlea Flashdance	12
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Don't forget, 2017-2018 Memberships are now overdue. Please submit your membership and waiver via the website at www.yvdc.com.au
An emergency contacts form only needs to be completed if details need updating from last year or for new memberships. Payment details are on the website.

Arena Familiarization Rides at Club Days

We are now offering arena time on a club day for riders not wanting to ride a formal test. You will be given the same amount of time in the indoor as any other rider riding a test. The cost of this will be \$15 as no judge will be required. Please book your ride at the time of entry as per normal entries, times will be allocated for your arena time according to the entries received. This applies to horses NOT competing on the day. EG young horses etc.



"Don't laugh. It's added three points to his scores."

YVDC Club Jackets

There are a limited number of navy YVDC soft shell jackets in stock. The jackets are true to size and cost \$80.00. Jackets will be available for purchase at the upcoming poles and club day in September.

Jackets available in size 8 – size 16.



Jacket Front



Jacket Rear

UPCOMING EVENTS



November 12th, Freshmans Day at PCAV Park

Entries Close Monday 6th November

Preparatory Test B, .2 tests at all levels, All FEI Tests

Entries are to be made via the YVDC website, and
payment via EFT.

<http://www.yvdc.com.au/club-event-entry-form/>

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Catrina Corten 0413845357



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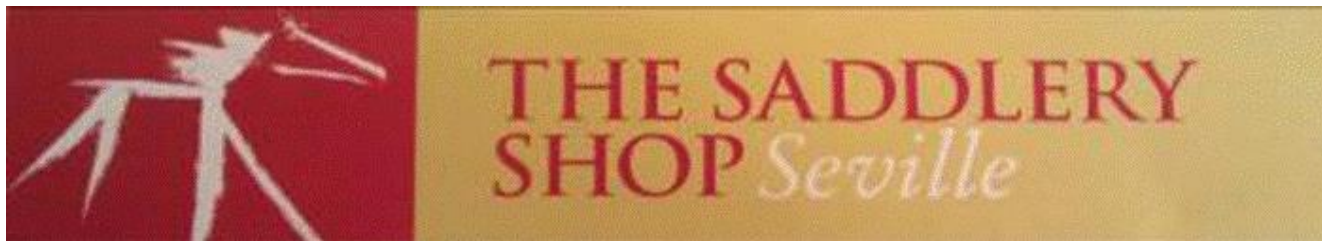
TRADING HOURS:
Mon - Fri: 9:00am - 6:30pm
Sat: 9:00am - 5:00pm
Sun: 10:00am - 5:00pm



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**MON & TUES 9 - 5; WEDS 10-5.30; THURS 9-5.30;
FRIDAY 10 - 5.30; SATURDAY 9 - 3**



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Priorities in Training...

Posted on [January 11, 2017](#) by [horsemagazine](#)



Portuguese trained FEI dressage master, Miguel Tavora considers the equestrian *chicken or the egg* dilemma... Which comes first – rhythm or balance?

The German training scale is: Rhythm, Losgelassenheit, Contact Schwung and Collection, as defined in The Principles of Riding, the official handbook of the German Equestrian Federation.

Losgelassenheit is interpreted as suppleness combined with looseness, with complete absence of tension, eg. the horse is unconstrained. The same book says that none of the points of the training scale can be considered in isolation and rhythm, and rhythm and losgelassenheit are put together in the familiarization phase.

Some time ago, I read that a famous German trainer said that his philosophy in training the young horse is rhythm, suppleness, contact, in that order. I really never understood why for almost all Germans, rhythm comes first. I don't think that a horse contracted and stiff with difficulty finding balance, for any reason, can achieve or show any kind of correct rhythm.

On my understanding of training a horse, the first thing we have to do is make him relax, to rid him of all stiffness and contractions. To encourage him to use his whole body without any resistance, enabling him to find and use the balance that he should have when he is ridden, only then can he find and move with rhythm.



My thoughts on the subject of rhythm are that the trainer who puts rhythm first on his scale is really working towards making the horse loose, relaxed and supple, achieving *losgelassenheit* in order to accomplish the rhythm. However rhythm is the result of the horse being able to move under the rider in a way that is supple, loose, and without any tension or constraint.

At the beginning of his training, the horse shows stiffness mostly because he is uncomfortable because it is not natural for him to carry a rider on his back, and he is unable to find the correct balance according to the movement that the rider is asking him to do, furthermore, if the horse is unbalanced he can't find the correct rhythm, which means that if I want rhythm, I must have balance. To have balance, that is supple and unconstrained, we must first work towards *losgelassenheit*.

To develop the qualities of relaxation, looseness and suppleness, we need to have the correct balance. Lateral work is very useful and it is because of this, that I start this work very early in the training of a young horse, and at the beginning of all the daily work sessions with all horses.

In a previous article, *Going to Collection Laterally*, I explained in detail how I introduce the lateral work on a young horse. I start the training session almost always by doing small circles, around my inside leg (like shoulder-in) on a three metre circle at the walk, with more movement forward than sideways.

If I am able to see the outside shoulder moving forward and not sideways, I know the exercise is correct. I find this exercise very good to relax my horse and achieve some suppleness. If, later on, I find my horse becoming tense or nervous when I am training him in some new movements, like flying changes, passage, piaffe, I break up whatever I am doing with a couple of turns around my inside leg at the walk, and I get my horse relaxed again, and ready to return to the work I was doing.



Transitions from shoulder-in in medium trot on a 20 metre circle, or to a 10 metres circle in collected trot are very useful for developing suppleness at the beginning of the training.

My first priority is to have my horse relaxed, loose, balanced and comfortable to develop and improve further suppleness and impulsion.

Reiner Klimke, in his book, *Basic Training of the Young Horse*, puts losgelassenheit first on his training scale. He states: "We start by developing Losgelassenheit", the horse's logical result of becoming losgelassenheit is that he will move in a rhythm which is constant. To establish the correct constant rhythm, the rider must get his horse balanced. This reinforces my opinion that when training the horse, first of all we have to make him loose, relaxed, supple and balanced, even if we have to work on the minimum of all other requirements that he must use to go correctly.